

## PATIENT PROFILE

- 83 year old male, hospitalized for 13 days.
- Diagnosed with COPD exacerbation, aspiration pneumonia, and lung mass.
- Lived independently at home prior to hospitalization.

Mr. P came to ERCC after being hospitalized for COPD exacerbation, aspiration pneumonia, and a lung mass. Upon arrival at ERCC, he was very deconditioned and required extensive assistance in transfers, ambulation, and all activities of daily living, including bathing and grooming. He was on a diet texture of puree/honey-thick liquids and demonstrated overt signs and symptoms of aspiration with all intake by mouth.

Mr. P was evaluated by Physical Therapy (PT), Occupational Therapy (OT), and Speech Language Pathology (SLP) at ERCC. His treatment focused on increasing independence with functional mobility, ambulation & activities of daily living, as well as, improving. safety with swallowing using VitalStim. ERCC ELKINS REHABILITATION & CARE CENTER Complete Compassionate Care

## THERAPY OUTCOMES PHYSICAL THERAPY Bed to Wheelchair Sit to Stand Stand to Sit to Bed **OCCUPATIONAL THERAPY** UB Bathing LB Bathing UB Dressing LB Dressing Toilet Transfer SPEECH LANGUAGE PATHOLOGY Laryngeal Elavation Swallow Reflex Labial Strength Scale 1 = Max Assist 2 = Mod Assist 3 = Min Assist charg ( 4 = CGA 5 = SBA 6 = Indepe

**Outcome:** After undergoing therapy at ERCC, Mr. P was able to return home to live with his son at a supervision level of assist for all activities of daily living and was safely tolerating a diet of regular solids and regular liquids. Upon discharge, he was ambulating at 450 feet. Mr. P was referred to a home health therapy program to assist with further progression.