



## PATIENT PROFILE

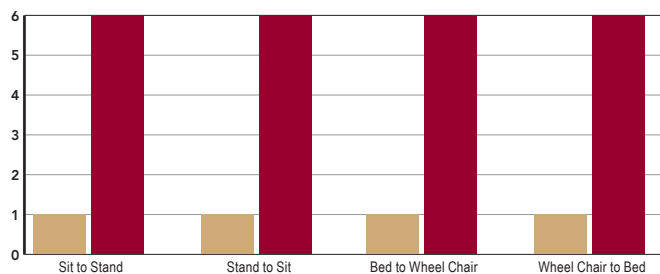
- 92 year old female
- Hospitalized for 5 days for Comminuted Left Intertrochanteric Fracture repaired using IMHS (intramedullary hip screws)
- Resident at ERCC for 86 Days
- Mrs. R was independent with daily tasks and lived alone. Her daughter stayed with her at night. She used a cane for ambulation.

Mrs. R presented for therapy with decreased strength and endurance, and impaired gait, with resulting decline in independence with ADLs. She was also demonstrating difficulty maintaining toe touch weight bearing status. She was having significant pain.

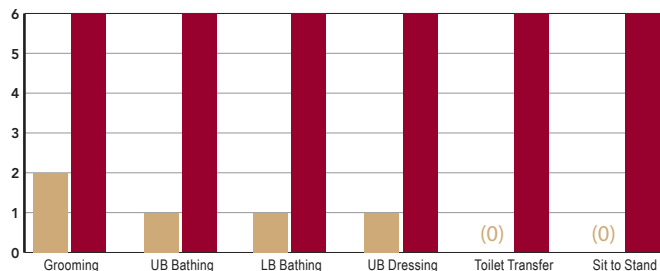
Upon admission to ERCC, Mrs. R was evaluated by Physical Therapy (PT) and Occupational Therapy (OT). PT focused on strengthening, pain control, improving balance and gait, and stair training. OT focused on increasing balance for household tasks, standing endurance for activities of daily living, upper body strengthening, and training on adaptive equipment to improve independence with lower body activities of daily living.

## THERAPY OUTCOMES

### PHYSICAL THERAPY



### OCCUPATIONAL THERAPY



#### Scale

- |                |              |
|----------------|--------------|
| 1 = Max Assist | 4 = CGA      |
| 2 = Mod Assist | 5 = SBA      |
| 3 = Min Assist | 6 = Independ |

Admission



Discharge



**Outcome:** After undergoing rehabilitation at ERCC, Mrs. R was able to walk household distances with a walker, and completed most ADLs with set up assistance. Mrs. R returned home with her daughter and continued therapy services through home health care.