



Marie Warren

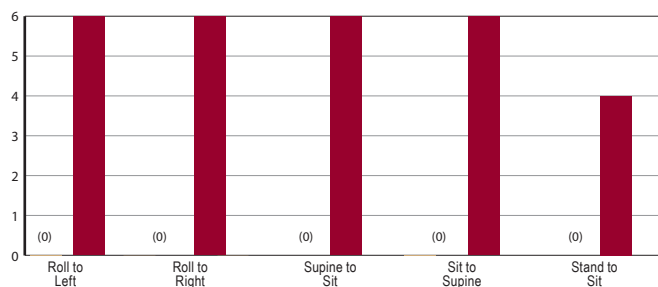
- 76 year old female, hospitalized for 7 days.
- Resident at ERCC for 18 days.
- Diagnosed with Severe Hyperkalemia, Acute Kidney Injury, Elevated Troponin Possible from Congestive Heart Failure, and Bradycardia.
- Lived independently with caregiver service 5 days a week.

Mrs. W was unable to stand or ambulate upon admission. She demonstrated poor tolerance to activity, decreased upper and lower extremity strength and also required maximal assistance of two for her transfers. Mrs. W required moderate assistance to complete upper body dressing and was dependent for lower body dressing and toileting tasks. She also exhibited right shoulder pain of 7/10.

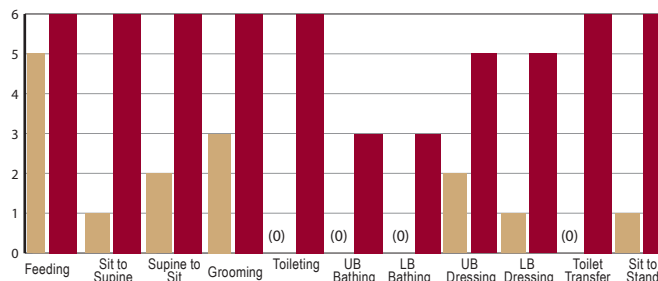
Mrs. W was evaluated by Physical Therapy (PT) and Occupational Therapy (OT) at ERCC. PT focused on ambulation, standing tolerance, lower body strengthening and functional transfers. OT focused on activities of daily living, upper body strengthening, balance, and functional transfers, as well as decreasing right shoulder pain.

THERAPY OUTCOMES

PHYSICAL THERAPY



OCCUPATIONAL THERAPY



Scale

- | | |
|----------------|--------------|
| 1 = Max Assist | 4 = CGA |
| 2 = Mod Assist | 5 = SBA |
| 3 = Min Assist | 6 = Independ |

Admission

Discharge

Outcome: During the course of therapy, Mrs. W made significant progress towards all goals. At the time of discharge, she was able to complete functional transfers independently, stand for 3 minutes, and walk approximately 40 feet with a front wheeled walker. Her shoulder pain improved from 7/10 to 4/10, and she could complete dressing and toileting tasks with without assistance. Mrs. Warren returned home with caregiver services resuming. A referral was made to home health to assist with transition back to home environment.