



NEWSLETTER

February 2022

Elkins Rehabilitation & Care Center

EMILY BEDFORD, CNA



JANUARY EMPLOYEE OF THE MONTH

Resident's Council has chosen Emily Bedford, Certified Nursing Assistant as employee of the month for January. Emily is a graduate of Elkins High

School and certified as an EMT. She lives in Montrose with her Mom (Danielle), Dad (Glen) and brother (Glen Jr.) She will be starting LPN Classes in March at Vocational Technical Center in Elkins. She has been employed with ERCC since April of 2021. She loves taking care of the residents and enjoys spending time with her family. Congratulations Emily.



RESIDENTS BIRTHDAYS IN FEBRUARY

Isa Bailey

Leona Daniels

Josephine Taylor

Birthday party for residents to be held on February 22 at 2:00.



New Hires for January

Brittany Conner, Diet. Aide

Kaitlyn Daniels, CNA

Matthew Donoghue, NA

Melissa Edwards, NA

Kristen Serrett, CNA

Haven Shiflett, NA

WELCOME TO ERCC

EGG ART

Edna Jenkins



I had the privilege of talking with one of our residents, Ms. Edna Jenkins, regarding her lifelong love of egg art. She has always loved to work with eggs, even as a child. Her first egg was bought in San Diego in approximately 1950. She was a military wife, married to Jim Jenkins, deceased in 1997. She had no children and worked in her shop at her home.

Her first decorated egg was received from her sister and she has been doing egg art for "half of my life". She went to Egg World and Egg shows in

Ohio and PA to get some of her eggs to do the art. There is a place in Nutterfort that uses computers to edit the prints (including silk prints) that is placed on the eggs with podge (glue for the eggs). Then the eggs needs to be sanded and varnished. It takes quite a bit of time to complete the egg.

She was taught from an instructor in Idaho and ordered eggs from him as well. She loves miniature eggs. She has gotten eggs from several countries including one from Russia, which is with a family member. She uses bird eggs, Ostrich eggs, Emu eggs, and Rhea eggs. Rhea eggs are greenish/yellow when fresh and fades to a dull cream color. She was noted to say that it is an egg "art" not a craft. She is currently working on an egg to decorate with chickens. All her egg art has been spoken for.

It was interesting to also know some info regarding Faberge' eggs. Possibly the most famous decorated eggs were created by Peter Carl Faberge'. They were very elaborate eggs and his company created eggs for the Russian family in late 1800's and early 1900's.



Nativity Scene



Father Christmas



Baby Ostrich



Ostrich Egg



Elf



Emu Egg



Currently working on a Rhea egg with chickens to place inside. (Chickens are from China)



Bird nest inside



little girl

ACTIVITY WEEK (JAN24-28)



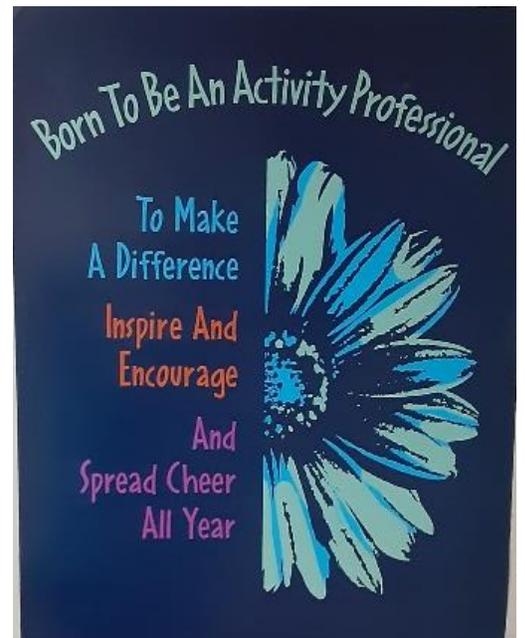
Thanks to Residents council for providing a sub luncheon with cookies on Thursday, January 27.



Activity Staff: pictured: Crystal Scott, Donetta Bird, Larry Blosser, Kim Phillips, Donna Jones, (Director) Marsha Arbogast, Rebecca Smith, Victoria Stewart, ,Lindsey Marquis and Robert Messer.



Gifts for the staff included duffel bag, tumbler, and badge clip





On Friday, Jan 7, Old Brick Playhouse helped residents make turtle shaped candies. They melted the chocolate and placed in silicone molds. They brought their own microwave. The residents also enjoyed eating cookies and designing their own turtle on paper.





SNOW BALL FIGHT USING JUMBO MARSHMALLOWS!! (DEC. 27)

Residents and Staff enjoyed!





Flannel Day



OH, THE WEATHER IS CHANGING; AND WE ARE WEARING FLANNEL; JUST TO STAY WARM.....LET IT SNOW LET IT SNOW LET IT SNOW. Admit it-- Sang it didn't you?



NEWLY ELECTED OFFICERS FOR RESIDENTS COUNCIL



Resident Council

Officers 2022 - 2024

President - Elaine "Isa" Baily

Vice President - Kenneth Simpson

Delegates:

Stanley Gould- Mountain Village

Barbara Phillips- Woodland Village

COVID-19 Patient Guidance: Notifying Your Close Contacts

If you have tested positive for COVID-19 or suspect you have COVID-19, you can help prevent spreading it to others by notifying your close contacts and by following this guidance.



Isolate yourself

Individuals who test positive should immediately self-isolate. Isolation is used to separate people infected with COVID-19 from those who are not infected. People who are in self-isolation should stay home until it's safe for them to be around others. At home, anyone sick or infected should isolate from others. You can be around others five days after you test positive if you have no symptoms or your symptoms are improving and it's been 24 hours with no fever without use of fever-reducing medication.



Notify close contacts

A close contact is defined as any person within 6 feet of an infected person for a total of 15 minutes or more over a 24-hour period. Close contacts are those who have been around you starting two days before symptoms began OR before taking a COVID-19 test, and were within 6 feet for a total of 15 minutes or more over a 24-hour period.



Keep others safe

Tell your close contacts: Call your friends, family, school and work. For people who are unvaccinated or are more than six months out from their second mRNA dose (or more than two months after the J&J vaccine) and not yet boosted, quarantine for five days followed by mask use for an additional five days. Close contacts who have received their booster shot do not need to quarantine following exposure but should wear a mask for 10 days after exposure. Everyone should get tested five days after exposure.



When to seek medical attention

Symptoms of COVID-19 include fever, chills, cough, fatigue, shortness of breath, headache, sore throat, loss of smell, and more. If your symptoms worsen and you feel you need care, contact your medical provider. You should seek emergency medical attention if you are experiencing severe chest pain or shortness of breath, unable to tolerate liquids, and/or intractable nausea or vomiting.



Get vaccinated

The West Virginia Department of Health and Human Resources, Bureau for Public Health strongly encourages COVID-19 vaccination for everyone age 5 and older and boosters for everyone 16 years and older. Vaccination is the best way to protect yourself and reduce the impact of COVID-19 on our communities.

WEST VIRGINIA
Department of



Questions or concerns? Visit coronavirus.wv.gov or call the West Virginia COVID-19 Information hotline at 1-800-877-4304.