



NEWSLETTER

November 2022

Elkins Rehabilitation & Care Center

OCTOBER EMPLOYEE OF THE MONTH



Paige
Zirkle,
C.N. A

Paige graduated from Elkins High School in the year of 2021. She will be attending Fred Eberle nursing classes in January. She lives in Elkins with her fur baby, Arlo. She has been employed at ERCC for approximately one year. She received her C.N.A. license at ERCC. She has 2 sisters and 4 brothers. She is the daughter of Kelli Bender and the late Raymond Zirkle. She has been a dancer with Dance by Farah for 15 years. She also loves spending time with family. Congratulations Paige!



RESIDENTS BIRTHDAYS FOR NOVEMBER

Evelyn Conley

Janice Dugan

Jacquelyn Fletcher

Ruth Hinkle

Thomas Miller

Clifford Phillips

Esther Stiles

Birthday Party to be held in the Dining Room on November 29 at 2:00PM. All are invited.



SESAME STREET

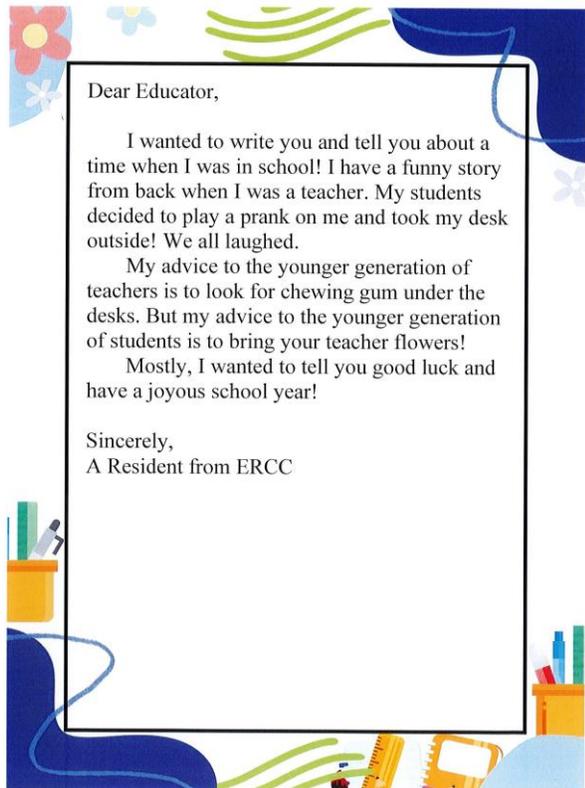


BACK TO SCHOOL DAYS



**A BIG THANK YOU
GOES OUT TO OLD
BRICK PLAYHOUSE.**





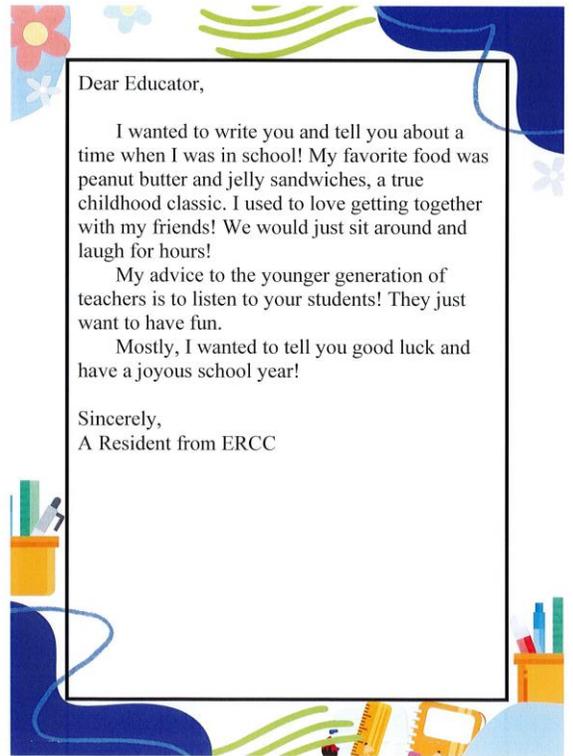
Dear Educator,

I wanted to write you and tell you about a time when I was in school! I have a funny story from back when I was a teacher. My students decided to play a prank on me and took my desk outside! We all laughed.

My advice to the younger generation of teachers is to look for chewing gum under the desks. But my advice to the younger generation of students is to bring your teacher flowers!

Mostly, I wanted to tell you good luck and have a joyous school year!

Sincerely,
A Resident from ERCC



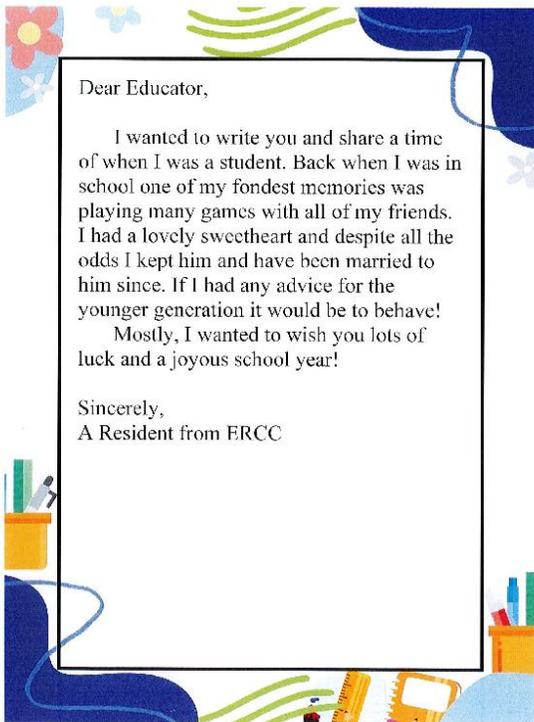
Dear Educator,

I wanted to write you and tell you about a time when I was in school! My favorite food was peanut butter and jelly sandwiches, a true childhood classic. I used to love getting together with my friends! We would just sit around and laugh for hours!

My advice to the younger generation of teachers is to listen to your students! They just want to have fun.

Mostly, I wanted to tell you good luck and have a joyous school year!

Sincerely,
A Resident from ERCC

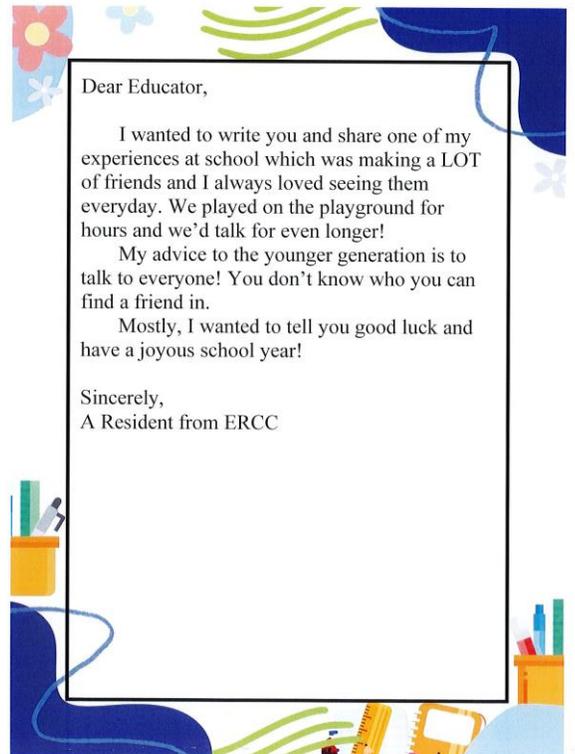


Dear Educator,

I wanted to write you and share a time of when I was a student. Back when I was in school one of my fondest memories was playing many games with all of my friends. I had a lovely sweetheart and despite all the odds I kept him and have been married to him since. If I had any advice for the younger generation it would be to behave!

Mostly, I wanted to wish you lots of luck and a joyous school year!

Sincerely,
A Resident from ERCC



Dear Educator,

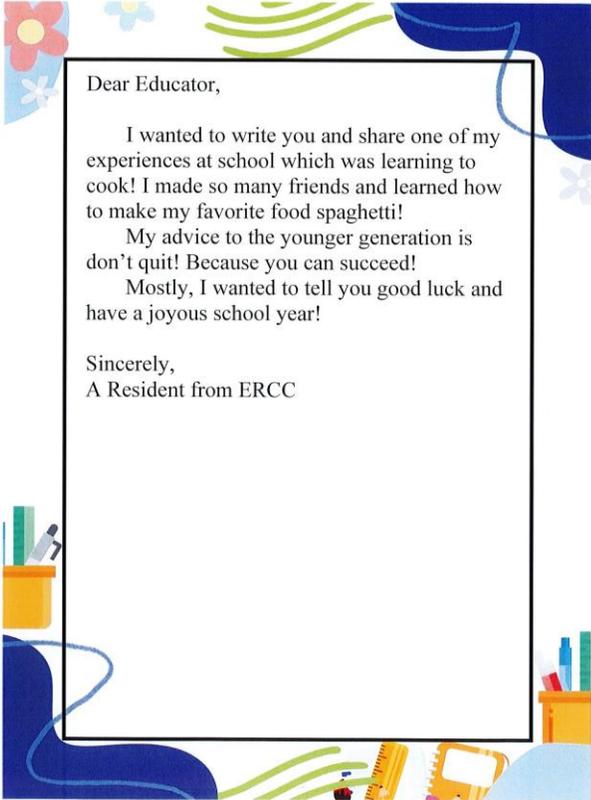
I wanted to write you and share one of my experiences at school which was making a LOT of friends and I always loved seeing them everyday. We played on the playground for hours and we'd talk for even longer!

My advice to the younger generation is to talk to everyone! You don't know who you can find a friend in.

Mostly, I wanted to tell you good luck and have a joyous school year!

Sincerely,
A Resident from ERCC

LETTERS TO RANDOLPH COUNTY SCHOOLS FROM ERCC RESIDENTS



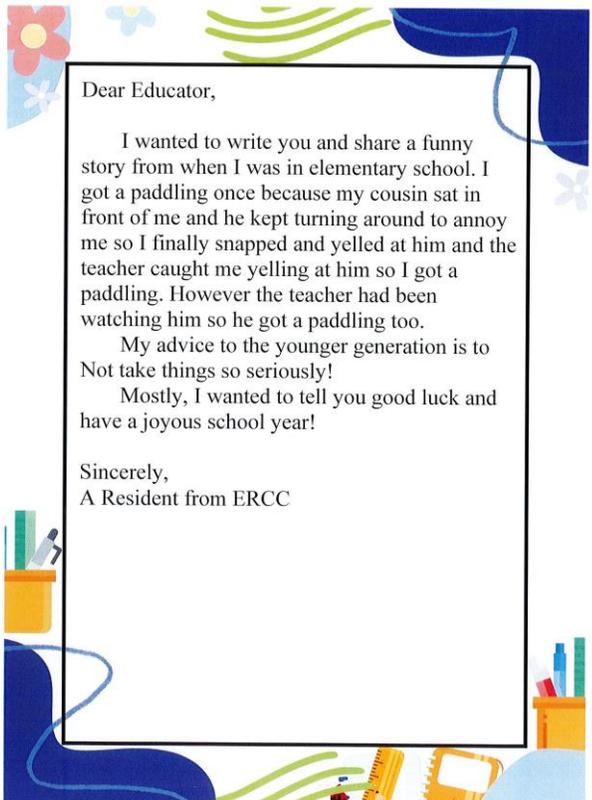
Dear Educator,

I wanted to write you and share one of my experiences at school which was learning to cook! I made so many friends and learned how to make my favorite food spaghetti!

My advice to the younger generation is don't quit! Because you can succeed!

Mostly, I wanted to tell you good luck and have a joyous school year!

Sincerely,
A Resident from ERCC



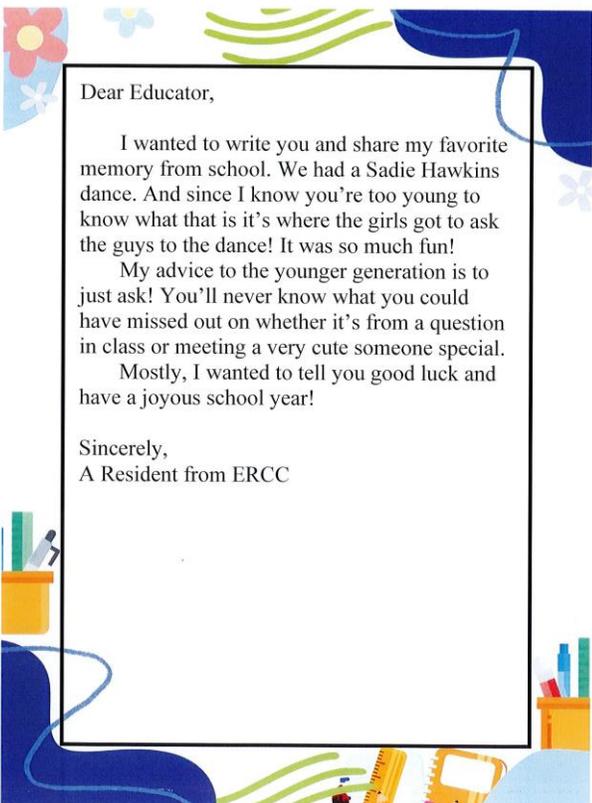
Dear Educator,

I wanted to write you and share a funny story from when I was in elementary school. I got a paddling once because my cousin sat in front of me and he kept turning around to annoy me so I finally snapped and yelled at him and the teacher caught me yelling at him so I got a paddling. However the teacher had been watching him so he got a paddling too.

My advice to the younger generation is to Not take things so seriously!

Mostly, I wanted to tell you good luck and have a joyous school year!

Sincerely,
A Resident from ERCC



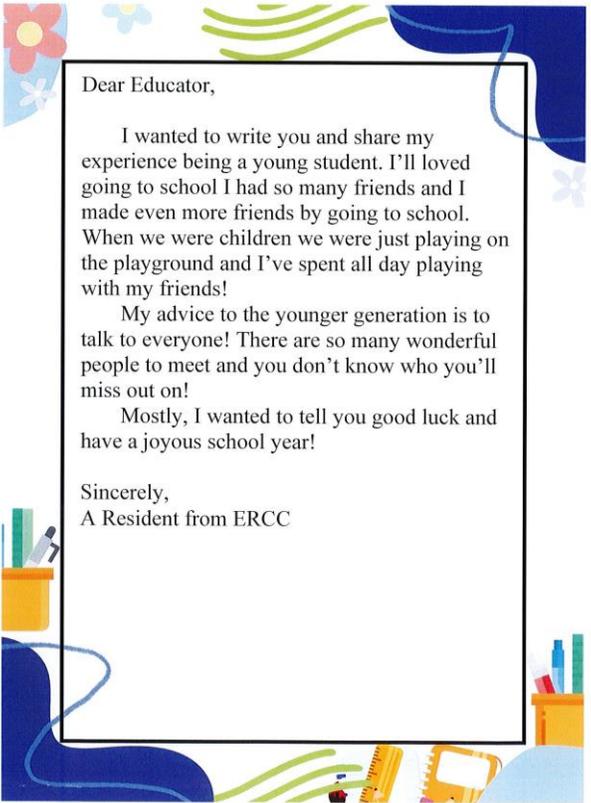
Dear Educator,

I wanted to write you and share my favorite memory from school. We had a Sadie Hawkins dance. And since I know you're too young to know what that is it's where the girls got to ask the guys to the dance! It was so much fun!

My advice to the younger generation is to just ask! You'll never know what you could have missed out on whether it's from a question in class or meeting a very cute someone special.

Mostly, I wanted to tell you good luck and have a joyous school year!

Sincerely,
A Resident from ERCC



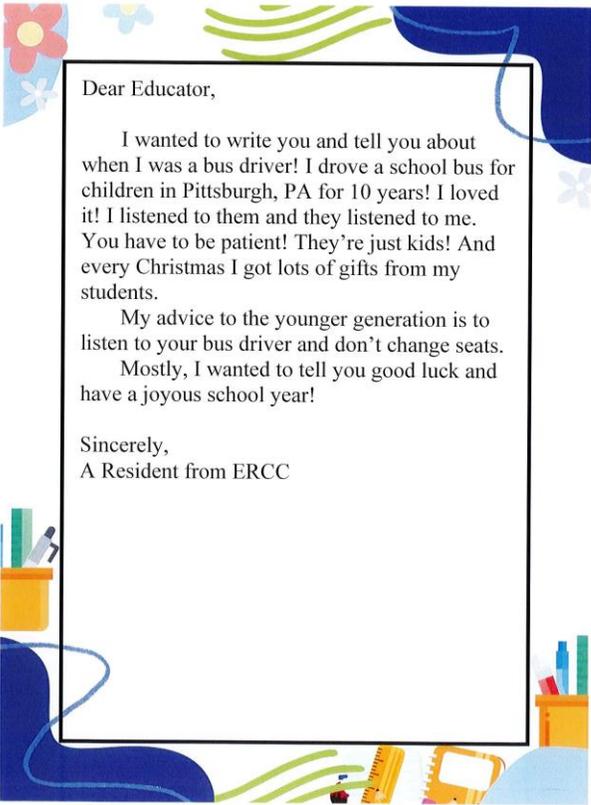
Dear Educator,

I wanted to write you and share my experience being a young student. I'll loved going to school I had so many friends and I made even more friends by going to school. When we were children we were just playing on the playground and I've spent all day playing with my friends!

My advice to the younger generation is to talk to everyone! There are so many wonderful people to meet and you don't know who you'll miss out on!

Mostly, I wanted to tell you good luck and have a joyous school year!

Sincerely,
A Resident from ERCC



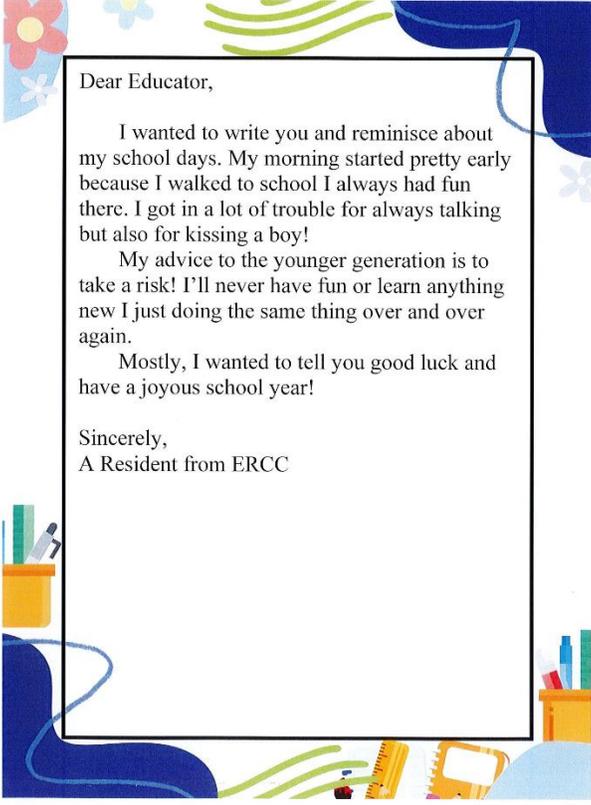
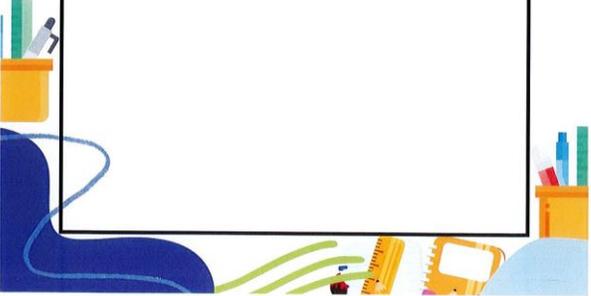
Dear Educator,

I wanted to write you and tell you about when I was a bus driver! I drove a school bus for children in Pittsburgh, PA for 10 years! I loved it! I listened to them and they listened to me. You have to be patient! They're just kids! And every Christmas I got lots of gifts from my students.

My advice to the younger generation is to listen to your bus driver and don't change seats.

Mostly, I wanted to tell you good luck and have a joyous school year!

Sincerely,
A Resident from ERCC



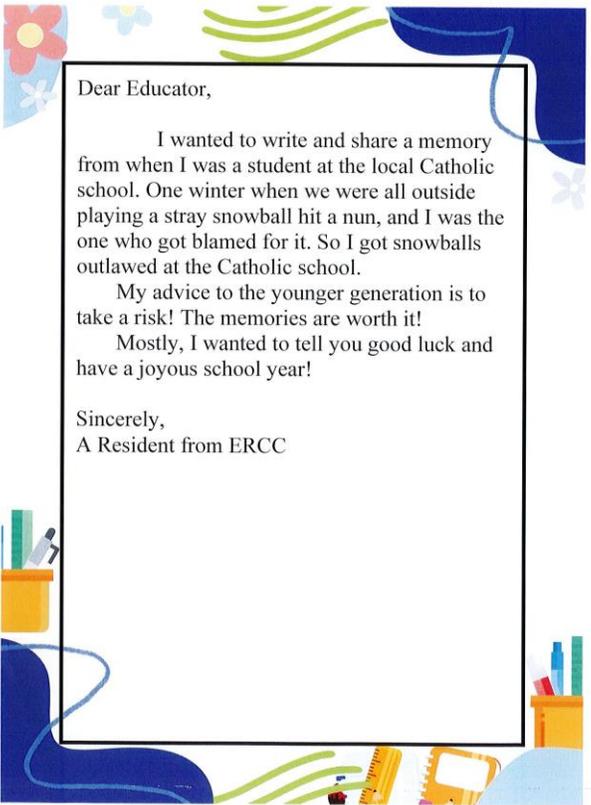
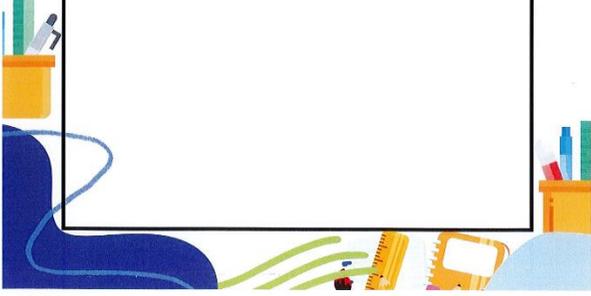
Dear Educator,

I wanted to write you and reminisce about my school days. My morning started pretty early because I walked to school I always had fun there. I got in a lot of trouble for always talking but also for kissing a boy!

My advice to the younger generation is to take a risk! I'll never have fun or learn anything new I just doing the same thing over and over again.

Mostly, I wanted to tell you good luck and have a joyous school year!

Sincerely,
A Resident from ERCC



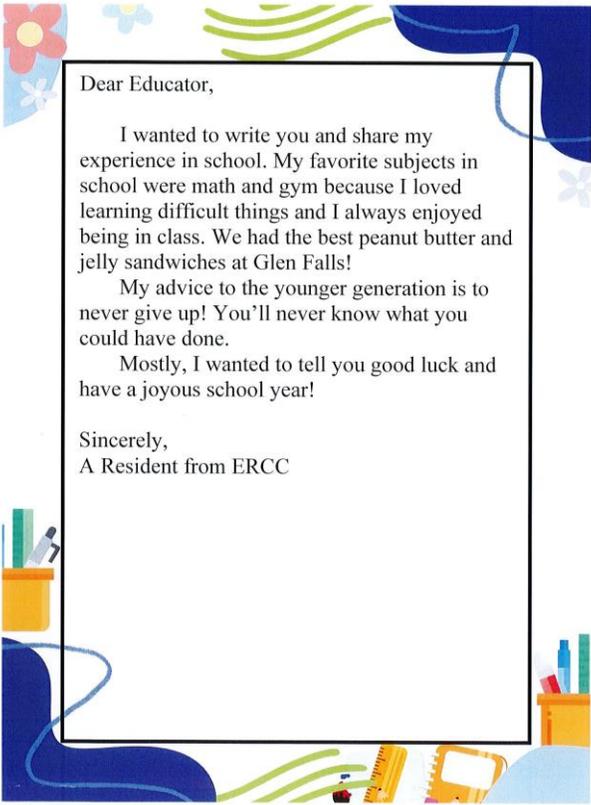
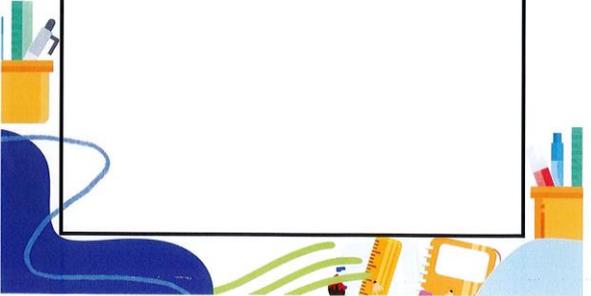
Dear Educator,

I wanted to write and share a memory from when I was a student at the local Catholic school. One winter when we were all outside playing a stray snowball hit a nun, and I was the one who got blamed for it. So I got snowballs outlawed at the Catholic school.

My advice to the younger generation is to take a risk! The memories are worth it!

Mostly, I wanted to tell you good luck and have a joyous school year!

Sincerely,
A Resident from ERCC



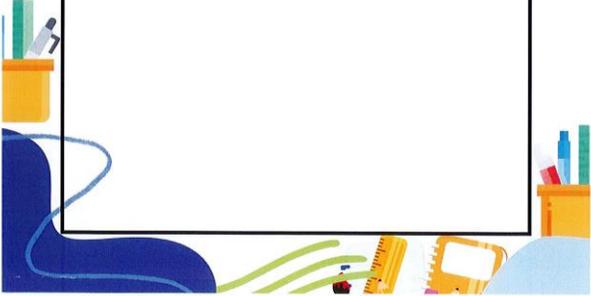
Dear Educator,

I wanted to write you and share my experience in school. My favorite subjects in school were math and gym because I loved learning difficult things and I always enjoyed being in class. We had the best peanut butter and jelly sandwiches at Glen Falls!

My advice to the younger generation is to never give up! You'll never know what you could have done.

Mostly, I wanted to tell you good luck and have a joyous school year!

Sincerely,
A Resident from ERCC



TRAIN RIDE AT CASS

Residents enjoyed the train ride to Witttaker Station on September 30. It was a cold crisp day but they bundled up and kept warm. A picnic lunch was served on the train by the staff. The leaves were just turning; they got to enjoy seeing the trees. Many spoke of returning and doing it again. Stanley got to visit with one of his students he used to coach.

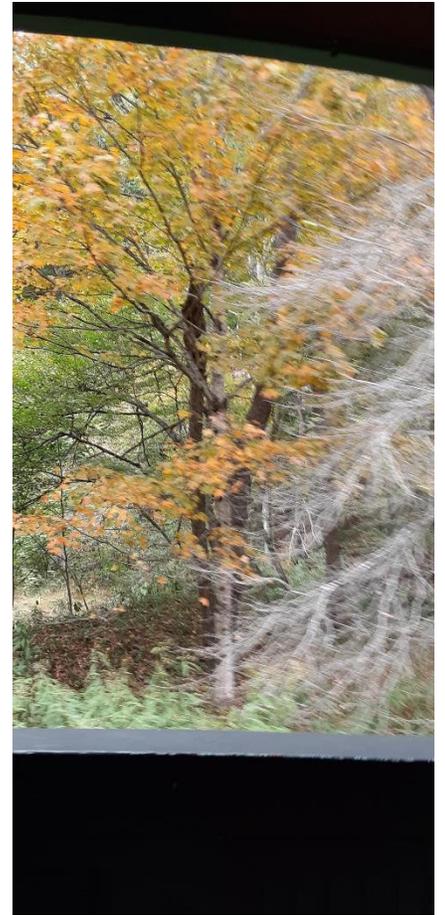


GETTING READY TO BOARD





BOARDING



ENJOYING THE RIDE AND THE VIEW



**BEAUTIFUL DAY FOR A
TRAIN RIDE... COLD
BUT WE STAYED WARM.
ENJOYING THE VIEWS.**





WHITTAKER STATION



CAROLINE MARIE FLUKE, MAID SILVIA LXXXIV VISITS



RESIDENTS AND STAFF HAD LOADS OF FUN AT THE KICKOFF BLOCK PARTY FOR THE FESTIVAL.

ARTS AND CRAFTS DAY AT D&E COLLEGE



TAKING
IN
THE
FESTIVITIES





The Inter-Mountain photo by Anthony Gagnor
A weight-lifting contestant muscles a weight up to her shoulder during the Strongest Team in the Forest Competition Saturday afternoon during the 84th Mountain State Forest Festival.

"BEKAH" SIMMONS LPN

(Picture from Elkins InterMountain newspaper)



ENJOYING THE PARADE AT THE MOUNTAIN STATE FOREST FESTIVAL



**SHOWING
OFF**

**OUR
HATS**





**HOPE
EVERYONE
HAD A FUN
AND SAFE
HALLOWEEN
HOLIDAY.**