



## NEWSLETTER

October 2025

# Elkins Rehabilitation & Care Center

### RESIDENT SPOTLIGHT



**Cynthia Lambert**

Our resident that is being “spotlighted” for this month is Cynthia Lambert. If you know of some one you would like to feature in our newsletter, please let us know.

Cynthia was born in 1960 in Elkins to Edith and William Byrd. She has three sister, Kathy Power, Melinda Warner, and Mary Warner. Cynthia has five nieces and nephews; eight great nieces and nephews. Cynthia completed her GED in 1980. She married the love of her life, Randal Lambert, in 1978. Cynthia likes to paint any type of art, as well as ceramics and crocheting. She enjoyed taking walks with Randy. Cynthia loves to spend time shopping and eating ice cream. She also enjoys talking to other residents and walking around ERCC. Cindy states “I was very happy to take my picture with the

Birds that visited on 9/17/2025. I enjoy all the staff and they do a wonderful job. I couldn't as for any better. I enjoy being with my best friend, Peggy. I love living with Clara and I love the activities. I have very special nieces. They take great care of me. My whole family makes me proud”



Shelva Arbogast  
Billie Belcher  
Mary Evans  
Janet Giebel  
Bessie Kiger  
Kessler Pingley  
Roger Vandevender  
Arthur Whitman  
Carol Woolridge

October birthday party for all residents to be held in the Dining Room on Wednesday, October 29 at 2:00PM. All are invited to come.

# Janice and Jim Dugan Honored for Their Dedication to Community



The Doddridge County Community Foundation (DCCF) is proud to introduce the new Doddridge County Hunger and Housing Justice Fund in Honor of Janice and Jim Dugan. This endowment fund will provide annual support to eligible organizations tackling hunger and housing challenges, aiming to enhance the quality of life for Doddridge County residents now and into the future.

This fund commemorates Janice and Jim Dugan's legacy of love, faith, service, and compassion. The Dugans moved to the area in 1988 and actively supported the Catholic Church, constructed homes with Habitat for Humanity, partnered with Nazareth Farm, and contributed to local food pantries and other various community organizations.

Jim Dugan passed away on September 24, 2023. In celebration of what would have been Jim's 90th birthday on May 20, 2024, an anonymous donor is honoring Janice and Jim Dugan's commitment to community service by offering a \$1:\$1 match for all new contributions to the Fund, up to a total of \$5,000.

"The Fund will be held in perpetuity, ensuring that Jim and Janice's dedication to service and community will continue to benefit future generations," stated the anonymous donor.

Founded in 2000 by a forward-thinking group of community leaders, the DCCF, a regional affiliate of the Parkersburg Area Community Foundation (PACF), assists individuals in making effective and meaningful donations to support their preferred causes and charities, enhancing the quality of life in Doddridge County.

To contribute to the enduring success of the Doddridge County Hunger and Housing Justice Fund in Honor of Janice and Jim Dugan, donations can be mailed by check, payable to DCCF, with the fund name on the memo line, to: DCCF, c/o PACF, PO Box 1762, Parkersburg, WV, 26102. Online donations are also accepted at [www.pacfww.com/give](http://www.pacfww.com/give). For more information or to discuss other giving options, please contact Julie Posey, PACF's Senior Development and Stewardship Officer, at 304-428-4438.

**\*\*\*Article from Parkersburg Area Community Foundation and Regional Affiliates\*\*\***



Jo Santiago and her birds from Flying Higher LLC. visited with ERCC residents and staff on September 17. We had a very interesting time and learned a lot. She brought with her an screech owl, red tailed hawk, and Freedom the Bald Eagle. Many thanks to Jo Santiago for taking time out to visit and tell us the stories of her birds.









Fall is in the air! So we need to go outside to celebrate-- have a fire and make some S'mores. We love having fun at ERCC!





We love it when Old Brick visits and helps us to make different projects!!









OCTOBER 2025						
SUN	MON	TUE	WED	THU	FRI	SAT
<b>** Mail Delivery M-Sat. **</b> <b>DR=DINING ROOM</b> <b>A=ACTIVITY ROOM</b> <b>O= OUTSIDE</b> <b>RR= Residents Room</b> <b>CR = CLASSROOM</b>	 <b>Columbus Day</b>	 	<b>1 COFFEE DAY</b> 9:30AM Dancing Leaves -RR 9:45AM Bible Study - A 1:30PM Chair Yoga -C 2PM Card Bingo - C 3PM Current Events - A 7PM Movie Night -C <b>HOMEMADE COOKIE DAY</b>	<b>2</b> 10AM Book Club -A 10AM Men's Circle Group - C 1:30PM Bingo -DR <b>2PM SMOOTHIES - DR</b> 3PM Spa Time - A 6PM Forest Festival Outing -O 7PM Outside Time -O	<b>3</b> 9:30AM Dancing Leaves -RR 10AM Residents Choice <b>2PM Old Brick Folks</b> 3PM Puzzle Time -A 7PM Card Sharks -A <b>WVU vs BYU</b>	<b>4</b> 9AM Early Bird Greetings 10AM Spa Day -A <b>12PM Festival Parade -O</b> 2PM Bingo - DR 3PM Residents Choice <b>7PM Singin' Gospel Together - C</b>
<b>5 WORLD TEACHERS DAY</b> 9AM Sunday Greetings 10AM TV Church Time -C 2PM Outside Time -O 3PM Residents Choice 7PM Movie Night-C	<b>6 MAD HATTER DAY</b> 9:30AM Dancing Leaves -RR <b>10AM Ladies Circle Group -A</b> 2PM Bingo - DR 3PM Puzzle Time - A 7PM Trivia Night-C	<b>7</b> 9AM Early Bird Greetings 10AM Spa Day-A 1PM Church w/ Pastor John - C <b>1:30PM Donut Time - TBA</b> 2PM Old Brick Folks 3PM Puzzle Time - A 7PM Crafting -A	<b>8</b> 9:30AM Dancing Leaves -RR 9:45AM Bible Study - A 11am Baked Potatoe Bar - DR 1:30PM Chair Yoga -C 2PM Card Bingo - C 3PM Current Events - A 7PM Movie Night -C	<b>9</b> 10AM Book Club -A <b>10AM Men's Circle Group - C</b> 1:30PM Bingo -DR 3PM Spa Time - A <b>5PM Mens Dining Out - O</b> 7PM Outside Time -O	<b>10</b> 9:30AM Dancing Leaves -RR 10AM Residents Choice <b>1PM RC SC Dulcimer Grp. -DR</b> <b>2PM Old Brick Folks</b> 3PM Residents Choice 7PM Crafting - A	<b>11</b> 9AM Early Bird Greetings 10AM Spa Day -A 2PM Bingo - DR 3PM Residents Choice 7PM Crafting - A
<b>12 OLD FARMERS DAY</b> 9AM Sunday Greetings 10AM TV Church Time -C 1:30PM Church w/ Pastor Young -C 3PM Residents Choice 7PM Let's Color - A	<b>13 COLUMBUS DAY</b> 9:30AM Dancing Leaves -RR <b>10AM Ladies Circle Group -A</b> 2PM Bingo - DR 3PM Puzzle Time -A 7PM Trivia Night-C	<b>14</b> 9AM Early Bird Greetings 10AM Spa Day-A 1PM Church w/ Pastor John - C 2PM Old Brick Folks 3PM Puzzle Time - A 7PM Crafting -A	<b>15</b> 9:30AM Dancing Leaves -RR 9:45AM Bible Study - A <b>11AM Pizza Luncheon - DR</b> 1:30PM Chair Yoga -C 2PM Card Bingo - C 3PM Current Events - A 7PM Movie Night -C	<b>16 BOSSES DAY</b> 10AM Book Club -A <b>10AM Men's Circle Group - C</b> 1:30PM Bingo -DR 3PM Spa Time - A 7PM Outside Time -O	<b>17 NATL PASTA DAY</b> 9:30AM Dancing Leaves -RR 10AM Residents Choice <b>2PM Old Brick Folks</b> 3PM Puzzle Time -A 7PM Card Sharks -A	<b>18</b> 9AM Early Bird Greetings 10AM Spa Day -A 2PM Bingo - DR 3PM Residents Choice 7PM Crafting - A
<b>19</b> 9AM Sunday Greetings 10AM TV Church Time -C <b>2PM Ice Cream Sodas - A</b> 3PM Residents Choice 7PM Movie Night-C	<b>20 NATL. M&amp;M DAY</b> 9:30AM Dancing Leaves -RR <b>10AM Ladies Circle Group -A</b> <b>1:30PM Resident Council - C</b> 2PM Bingo - DR 3PM Puzzle Time -A 7PM Trivia Night-C	<b>21 NACHOS DAY</b> 9AM Early Bird Greetings 10AM Spa Day-A 1PM Church w/ Pastor John - C <b>2PM Old Brick Folks</b> 3PM Puzzle Time - A 7PM Crafting -A	<b>22</b> 9:30AM Dancing Leaves -RR 9:45AM Bible Study - A 1:30PM Chair Yoga -C 2PM Card Bingo - C 3PM Current Events - A 7PM Movie Night -C	<b>23</b> 10AM Book Club -A <b>10AM Men's Circle Group - C</b> <b>11AM Ladies Lunch Outing -O</b> 1:30PM Bingo -DR 3PM Spa Time - A 7PM Outside Time -O	<b>24</b> 9:30AM Dancing Leaves -RR 10AM Residents Choice <b>2PM Old Brick Folks</b> 3PM Puzzle Time -A 7PM Corn Hole - C	<b>25</b> 9AM Early Bird Greetings 10AM Spa Day -A 2PM Bingo - DR 3PM Residents Choice 7PM Crafting - A
<b>26 NATL PUMPKIN DAY</b> 9AM Sunday Greetings 10AM TV Church Time -C <b>2PM Popcorn Buggy - A</b> 3PM Residents Choice <b>7PM Mt. View Nazarene Singers -DR</b>	<b>27 BLACK CAT DAY</b> 9:30AM Dancing Leaves -RR <b>10AM Ladies Circle Group -A</b> 2PM Bingo - DR 3PM Puzzle Time -A 7PM Trivia Night-C	<b>28</b> 9AM Early Bird Greetings 10AM Spa Day-A 1PM Church w/ Pastor John - C 2PM Old Brick Folks 3PM Puzzle Time - A 7PM Crafting -A	<b>29</b> 9:30AM Dancing Leaves -RR 9:45AM Bible Study - A 1:30PM Chair Yoga -C <b>2PM Monthly Birthday Party-DR</b> 2PM Card Bingo - C 3PM Current Events - A 7PM Movie Night -C	<b>30 NATL CANDY CORN DAY</b> 10AM Book Club -A <b>10AM Men's Circle Group - C</b> 1:30PM Bingo -DR 3PM Spa Time - A <b>6:30PM Trunk or Treat - O</b> Upper Rehab Parking Lot	<b>31 HAPPY HALLOWEEN</b> 9:30AM Dancing Leaves -RR 10AM Residents Choice <b>1:30PM Halloween Party - DR</b> <b>2PM Old Brick Folks</b> 3PM Puzzle Time -A 7PM Card Sharks -A <b>CARVE A PUMPKIN DAY</b>	<b>OLD BRICK FOLKS TUESDAYS &amp; FRIDAYS 2PM-4PM</b> <b>HALLOWEEN</b>





2533 Beverly Pike • Elkins, WV 26241 • 304.636.1391 • Fax 304.636.1371 • [www.ercc.biz](http://www.ercc.biz)

**ATTENTION: ALL STAFF**

**FROM: Grace Roy, Director of Human Resources**

**SUBJECT: Kroger Community Rewards Program**

**DATE: August 13, 2025**

We are pleased to announce that ERCC has been approved as an Eligible Organization in the Kroger Community Rewards Program. This program allows eligible non-profit organizations to earn cash rewards based on quarterly retail purchases made by the organization's participants.

Eligible purchases may be made at any Kroger Mid-Atlantic Division store by an Eligible Participant who presents a Kroger Plus Card at the time of purchase. The Kroger Mid-Atlantic Division serves West Virginia (except Northern Panhandle), Virginia, Kentucky (Ashland), Ohio (Proctorville, Belpre, Marietta), and Tennessee (Johnson City, Bristol, Kingsport). If a Kroger Plus Card is not presented at the time of purchase, our organization's account will not be credited.

Purchases that are excluded include alcohol, tobacco, some gift cards, lottery tickets, money orders, and fuel.

**All cash rewards earned will be utilized to benefit ERCC employees.**

**How to Participate:** Simply register your Kroger Plus Card online at [Kroger.com/communityrewards](http://Kroger.com/communityrewards) by clicking on Enroll. Then search for Elkins Rehabilitation & Care Center by name or by NPO (non-profit organization) number: LD356.

Individual purchases will be counted towards ERCC within 7-10 days of registering your Kroger Plus Card online. Every time a participant shops for groceries and scans their Kroger Plus Card, ERCC will automatically start earning rewards.

Enroll today to begin earning rewards for ERCC employees!

Please let me know if you have any questions.





# ERC

ELKINS REHABILITATION  
& CARE CENTER  
*Complete Compassionate Care*

## CONGRATULATIONS!!!

### ERCC PLACED

### SECOND

in the

2025 WWHCA Summer Walking Challenge  
\$500 Prize Money to be used for Resident Activities  
All employees who participated will receive a tee shirt.





Tree decorated by one of our residents.

## FALL VIEWS AT ERCC

Residents  
"acorn" project  
with Old Brick







FALL  
AT  
ERCC

