



NEWSLETTER

January, 2026

Elkins Rehabilitation & Care Center

RESIDENT SPOTLIGHT



Rachel Pingley

This month's spotlight is on Rachel Pingley. Rachel was born in Parsons, WV in 1935. She was the eighth of ten children born to Wilma (Murphy) and Ray Haller. She graduated from Elkins High School in 1953 and joined the Air Force immediately afterwards. She met her first husband in tech school, and they were both in the Air Force. They were married in Biloxi, Mississippi. Her tour in the Air force was in Air Traffic Control.

Rachel finished her tour in 1957 and stayed on as a military wife. They had four children (one at each base they were together). South Carolina, Alabama, Illinois, and Hawaii. She has two living children. One in Pennsylvania and one in North Carolina.

After the service, Rachel had a cake and candy supply business in Illinois called, Nova Rae. In Hawaii, her business was Nova Rae ceramics. Rachel has been a homemaker and businesswoman all her life.

Her husband retired in 1973 in Colorado and passed away five months later. Rachel then

moved to Elkins with her children. She volunteered at ERCC and was the overseer of the Gift Shop and cafeteria at Memorial General Hospital. In 1985, she was asked to be on the board of ERCC and was there for 32 years. As an active member of the Auxiliary, Rachel was responsible for the Gift Shop at ERCC.

Rachel married her second husband, Kenny, in May of 1978. She started her restaurant "Nanny's Kitchen" and ran it for seven years. (1992-1998)

Rachel is a long time, active member of the First Church of Christ in Elkins. She has been an active member of the Emma Scott Garden Club since 1978 and a successful AVON Representative for 36 years.

Rachel is a joy to be around. She never dreamed she would get to spend time in the place she helped build; but is very happy here at ERCC. She is appreciative of the capable staff and home-like surroundings. She is happy when she hears others say: "ERCC is the best elder care in West Virginia."





Karen Bennett
Patricia Chenoweth
Goldie Cvecko
Arlena Straw
Virginia Valentine
Tommy Wingler

Monthly birthday party to be held on
Wednesday January 28 at 2:00PM in the dining
room.
Everyone is invited.



DECORATIONS



OF RED





**WE LOVE
CHRISTMAS!**



We have little
owls in our tree.



Residents have been looking for elves at ERCC. Their names are Chestnut and Holly. They are really good hiders too! They could be hiding in a wreath, on a table top, even on someone's back—just about anywhere! The residents enjoyed looking and finding Holly and Chestnut. Residents received a prize when they find them. Such a fun game! The activity took place during the twelve days of Christmas. Here is the list of residents that found the elves.

December 4— K. Simpson found Holly and K. Goodwin found Chestnut
December 5— L. Dean found Chestnut and N. Thompson found Holly
December 8— K. Bennett found Chestnut and V. Valentine found Holly
December 9— K. Simpson found Holly and K. Goodwin found Chestnut
December 10— P. Chenoweth found Holly and I. Vandevender found Chestnut
December 11— M. Cupp found Holly and J. Kyle found Chestnut
December 12— R. Pingley found Holly and N. Thompson found Chestnut
December 15 —K. Goodwin found Holly and K. Simpson found Chestnut
December 16— J. Nutter found Holly and K. Goodwin found Chestnut
December 17— S. Arbogast found Holly and J. Nutter found Chestnut
December 18— J Nutter found Holly and K. Goodwin found Chestnut
December 19—J. Nutter found Chestnut and K. Simpson found Holly



HOLLY



J. Kyle



J. Nutter



M. Cupp



CHESTNUT



K. Bennett



P. Chenoweth



N. Thompson



V. Valentine



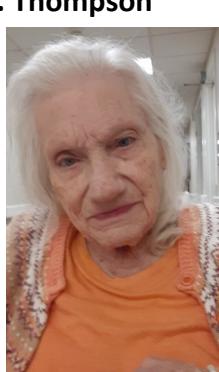
I. Vandevender



K. Goodwin



R. Pingley



S. Arbogast



J. Kyle



L. Dean



CHRISTMAS
SHIRTS/
PANTS DAY
12-16-25



CHRISTMAS
PAJAMA DAY
12-17-2025



UGLY
SWEATER
DAY
12-18-2025



UGLY SWEATER
DAY



UGLY SWEATER DAY



Answer to riddle: chocolate mousse



First Place Winner: Wood-land Village Nurse Station



Second Place Winner: Clinical Supervisor Office



Third Place Winner: Health Information Management Office



CHRISTMAS DOOR DECORATION CONTEST.





LISTENING TO THE CAROLERS



Jennings Randolph Elementary School came to sing carols for the residents on 12-17-2025. The residents enjoyed them very much!



W V Caring Visited to go Caroling

**Santa Clause visited
ERCC on December 23 and several
children came to see him. Even
Molly, got to be near Mr. Clause!**





SANTA AT ERCC



RESIDENT CAROLERS AND SANTA



JANUARY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
** Mail Delivery M-Sat. **	OLD BRICK FOLKS TUESDAYS & FRIDAYS 2PM-4PM					
DR=DINING ROOM A=ACTIVITY ROOM O= OUTSIDE RR= Residents Room CR = CLASSROOM						
4	5 NATL. BIRD DAY	6	7	8	9	10
9AM Sunday Greetings 10AM TV Church Time -C 2PM Crafts-A 3PM Residents Choice 7PM Movie Night-C	9AM Early Bird Greetings 10AM Ladies Circle Group -A 10AM Spa Day-A 2PM Bingo - DR 3PM Puzzle Time - A 7PM Trivia Night-C	9AM Early Bird Greetings 10AM Ladies Circle Group -A 10AM Spa Day-A 2PM Old Brick Folks 3PM Puzzle Time - A 7PM Karaoke Night-C	9:30AM Dancing Leaves -RR 9:45AM Bible Study - A 11AM Mexican Luncheon - DR 1:30PM Chair Yoga -C 2PM Card Bingo - DR 3PM Current Events - A 7PM Movie Night -C	9:30AM Dancing Leaves -RR 10AM Men's Circle Group - C 1:30PM Bingo -DR 3PM Spa Time - A 5PM Mens Dining Out - O 7PM Karaoke Night-C	9:30AM Dancing Leaves -RR 10AM Men's Circle Group - C 1:30PM Bingo -DR 3PM Residents Choice 2PM Dulcimer Grp. -DR 2PM Old Brick Folks 3PM Puzzle Time -A 7PM Corn Hole - C	9AM Early Bird Greetings 10AM Spa Day A 2PM Bingo - DR 3PM Residents Choice 1PM RCSC 7PM Crafting - A
11	12	13	14	15 NATL BAGEL DAY	16	17
9AM Sunday Greetings 10AM TV Church Time -C 1:30PM Church w/ Pastor Young - C 3PM Residents Choice 7PM Lets Color - A	9:30AM Dancing Leaves -RR 10AM Ladies Circle Group -A 10AM Spa Day-A 2PM Bingo - DR 3PM Puzzle Time - A 7PM Trivia Night-C	9:30AM Dancing Leaves -RR 9:45AM Bible Study - A 11AM Pizza Luncheon - DR 1:30PM Chair Yoga -C 2PM Old Brick Folks 3PM Puzzle Time - A 7PM Karaoke Night-C	9:30AM Dancing Leaves -RR 9:45AM Bible Study - A 11AM Pizza Luncheon - DR 1:30PM Chair Yoga -C 2PM Old Brick Folks 3PM Puzzle Time - A 7PM Karaoke Night-C	9:30AM Dancing Leaves -RR 10AM Men's Circle Group - C 1:30PM Bingo -DR 3PM Spa Time - A 5PM Ladies Dinner Outing - C 7PM Karaoke Night-C	9:30AM Dancing Leaves -RR 10AM Men's Circle Group - C 1:30PM Bingo -DR 3PM Residents Choice 2PM Old Brick Folks 3PM Puzzle Time -A 7PM Corn Hole - C	9AM Early Bird Greetings 10AM Spa Day A 2PM Bingo - DR 3PM Residents Choice 1PM Cooking Hour - A 2PM Old Brick Folks 3PM Puzzle Time -A 7PM Crafting - A
18	19	20	21	22	23 NATL PIE DAY	24
9AM Sunday Greetings 10AM TV Church Time -C 2PM Ice Cream Sodas - A 3PM Residents Choice 7PM Movie Night-C	9:30AM Dancing Leaves -RR 10AM Ladies Circle Group -A 10AM Spa Day-A 2PM Old Brick Folks 3PM Puzzle Time - A 7PM Trivia Night-C	9:30AM Dancing Leaves -RR 9:45AM Bible Study - A 1:30PM Chair Yoga -C 3PM Current Events - A 7PM Movie Night -C	9:30AM Dancing Leaves -RR 10AM Men's Circle Group - C 1:30PM Bingo -DR 3PM Spa Time - A 5PM Ladies Dinner Outing - C 7PM Karaoke Night-C	9:30AM Dancing Leaves -RR 10AM Book Club-A 10AM Men's Circle Group - C 1:30PM Bingo -DR 3PM Puzzle Time -A 7PM Corn Hole - C	9:30AM Dancing Leaves -RR 10AM Residents Choice 2PM Old Brick Folks 3PM Puzzle Time -A 7PM Card Sharks -A	9AM Early Bird Greetings 10AM Spa Day A 2PM Bingo - DR 3PM Residents Choice 7PM Singin' Country Together - C 
25	26	27 CHOCOLATE CAKE DAY	28	29 NATL PUZZLE DAY	30	31 NATL HOT CHOCOLATE DAY
9AM Sunday Greetings 10AM TV Church Time -C 2PM Popcorn Buggy - A 3PM Residents Choice 7PM Mt. View Nazarene Singers -DR	9:30AM Dancing Leaves -RR 10AM Ladies Circle Group -A 10AM Spa Day-A 2PM Bingo - DR 3PM Puzzle Time - A 7PM Trivia Night-C	9:30AM Dancing Leaves -RR 9:45AM Bible Study - A 11AM Soups & Subs Lunch -DR 1:30PM Chair Yoga -C 2PM Old Brick Folks 3PM Current Events - A 7PM Movie Night -A	9:30AM Dancing Leaves -RR 10AM Men's Circle Group - C 1:30PM Bingo -DR 3PM Spa Time - A 7PM Karaoke Night -C	9:30AM Dancing Leaves -RR 10AM Book Club-A 10AM Men's Circle Group - C 1:30PM Bingo -DR 3PM Puzzle Time -A 7PM Card Sharks -A	9:30AM Dancing Leaves -RR 10AM Residents Choice 2PM Old Brick Folks 3PM Puzzle Time -A 7PM Card Sharks -A	9AM Early Bird Greetings 10AM Spa Day A 2PM Bingo - DR 3PM Residents Choice 7PM Crafting - A 



**MEMORY UNIT
TV / LOUNGE AREA**

