



## NEWSLETTER

January, 2026

# Elkins Rehabilitation & Care Center

### RESIDENT SPOTLIGHT



**Rachel Pingley**

This month's spotlight is on Rachel Pingley. Rachel was born in Parsons, WV in 1935. She was the eighth of ten children born to Wilma (Murphy) and Ray Haller. She graduated from Elkins High School in 1953 and joined the Air Force immediately afterwards. She met her first husband in tech school, and they were both in the Air Force. They were married in Biloxi, Mississippi. Her tour in the Air force was in Air Traffic Control.

Rachel finished her tour in 1957 and stayed on as a military wife. They had four children (one at each base they were together). South Carolina, Alabama, Illinois, and Hawaii. She has two living children. One in Pennsylvania and one in North Carolina.

After the service, Rachel had a cake and candy supply business in Illinois called, Nova Rae. In Hawaii, her business was Nova Rae ceramics. Rachel has been a homemaker and businesswoman all her life.

Her husband retired in 1973 in Colorado and passed away five months later. Rachel then

moved to Elkins with her children. She volunteered at ERCC and was the overseer of the Gift Shop and cafeteria at Memorial General Hospital. In 1985, she was asked to be on the board of ERCC and was there for 32 years. As an active member of the Auxiliary, Rachel was responsible for the Gift Shop at ERCC.

Rachel married her second husband, Kenny, in May of 1978. She started her restaurant "Nanny's Kitchen" and ran it for seven years. (1992-1998)

Rachel is a long time, active member of the First Church of Christ in Elkins. She has been an active member of the Emma Scott Garden Club since 1978 and a successful AVON Representative for 36 years.

Rachel is a joy to be around. She never dreamed she would get to spend time in the place she helped build; but is very happy here at ERCC. She is appreciative of the capable staff and home-like surroundings. She is happy when she hears others say: "ERCC is the best elder care in West Virginia."





# BIRTHDAYS THIS MONTH

Karen Bennett  
Patricia Chenoweth  
Goldie Cvecko  
Arlena Straw  
Virginia Valentine  
Tommy Wingler

Monthly birthday party to be held on  
Wednesday January 28 at 2:00PM in the dining  
room.  
Everyone is invited.



DECORATIONS



OF RED





**WE LOVE  
CHRISTMAS!**



We have little  
owls in our tree.



Residents have been looking for elves at ERCC. Their names are Chestnut and Holly. They are really good hiders too! They could be hiding in a wreath, on a table top, even on someone's back—just about anywhere! The residents enjoyed looking and finding Holly and Chestnut. Residents received a prize when they find them. Such a fun game! The activity took place during the twelve days of Christmas. Here is the list of residents that found the elves.

December 4— K. Simpson found Holly and K. Goodwin found Chestnut  
 December 5— L. Dean found Chestnut and N. Thompson found Holly  
 December 8— K. Bennett found Chestnut and V. Valentine found Holly  
 December 9— K. Simpson found Holly and K. Goodwin found Chestnut  
 December 10— P. Chenoweth found Holly and I. Vandevender found Chestnut  
 December 11— M. Cupp found Holly and J. Kyle found Chestnut  
 December 12— R. Pingley found Holly and N. Thompson found Chestnut  
 December 15 —K. Goodwin found Holly and K. Simpson found Chestnut  
 December 16— J. Nutter found Holly and K. Goodwin found Chestnut  
 December 17— S. Arbogast found Holly and J. Nutter found Chestnut  
 December 18— J Nutter found Holly and K. Goodwin found Chestnut  
 December 19—J. Nutter found Chestnut and K. Simpson found Holly



**HOLLY**



**J. Kyle**



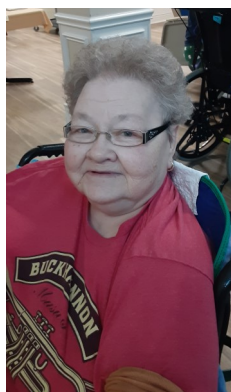
**J. Nutter**



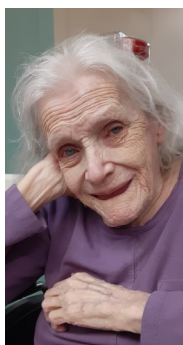
**M. Cupp**



**CHESTNUT**



**K. Bennett**



**P. Chenoweth**



**N. Thompson**



**V. Valentine**



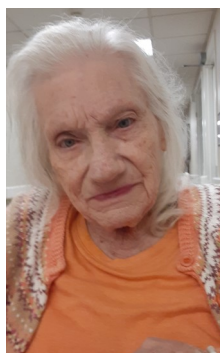
**I. Vandevender**



**K. Gooddwin**



**R. Pingley**



**S. Arbogast**



**J. Kyle**



**L. Dean**



**CHRISTMAS  
SHIRTS/  
PANTS DAY  
12-16-25**



**CHRISTMAS  
PAJAMA DAY  
12-17-2025**



**UGLY  
SWEATER  
DAY  
12-18-2025**



**UGLY SWEATER  
DAY**



**UGLY SWEATER DAY**



Answer to riddle: chocolate mousse



First Place Winner: Woodland Village Nurse Station



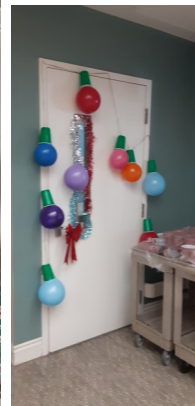
Second Place Winner: Clinical Supervisor Office



Third Place Winner: Health Information Management Office



## CHRISTMAS DOOR DECORATION CONTEST.





**LISTENING TO THE CAROLERS**



**Jennings Randolph Elementary School came to sing carols for the residents on 12-17-2025. The residents enjoyed them very much!**



**W V Caring Visited to go Caroling**



**Santa Clause visited ERCC on December 23 and several children came to see him. Even Molly, got to be near Mr. Clause!**





**SANTA AT ERCC**



**RESIDENT CAROLERS AND SANTA**



A	B	C	D	E	F	G
<div> </div>						
SUN	MON	TUE	WED	THU	FRI	SAT
<b>** Mail Delivery M-Sat. **</b>  <b>DR=DINING ROOM</b> <b>A=ACTIVITY ROOM</b> <b>O= OUTSIDE</b> <b>RR= Residents Room</b> <b>CR = CLASSROOM</b>	<b>OLD BRICK FOLKS</b> <b>TUESDAYS &amp; FRIDAYS</b> <b>2PM-4PM</b>  			<b>1 NEW YEARS DAY</b> 10AM Book Club- A <b>10AM Men's Circle Group - C</b> 1:30PM Bingo -DR 3PM Spa Time - A 7PM Karaoke Night -C 	<b>2</b> 9:30AM Dancing Leaves -RR 10AM Residents Choice <b>2PM Old Brick Folks</b> 3PM Puzzle Time -A 7PM Card Sharks -A	<b>3</b> 9AM Early Bird Greetings 10AM Spa Day -A 2PM Bingo - DR 3PM Residents Choice <b>7PM Singin' Gospel Together - C</b> 
<b>4</b> 9AM Sunday Greetings 10AM TV Church Time -C 2PM Crafts-A 3PM Residents Choice 7PM Movie Night -C	<b>5 NATL. BIRD DAY</b> 9:30AM Dancing Leaves -RR <b>10AM Ladies Circle Group -A</b> 2PM Bingo - DR 3PM Puzzle Time - A 7PM Trivia Night -C 	<b>6</b> 9AM Early Bird Greetings 10AM Spa Day-A <b>1PM Church w/ Pastor John - C</b> <b>2PM Old Brick Folks</b> 3PM Puzzle Time - A 7PM Crafting -A 	<b>7</b> 9:30AM Dancing Leaves -RR <b>9:45AM Bible Study - A</b> <b>11AM Mexican Luncheon - DR</b> <b>1:30PM Chair Yoga -C</b> 2PM Card Bingo - DR 3PM Current Events -A 7PM Movie Night -C	<b>8</b> 10AM Book Club -A <b>10AM Men's Circle Group - C</b> 1:30PM Bingo -DR 3PM Spa Time - A <b>5PM Mens Dining Out - O</b> 7PM Karaoke Night -C	<b>9</b> 9:30AM Dancing Leaves -RR 10AM Residents Choice <b>1PM RC SC Dulcimer Grp. -DR</b> <b>2PM Old Brick Folks</b> 3PM Residents Choice 7PM Crafting - A 	<b>10</b> 9AM Early Bird Greetings 10AM Spa Day -A 2PM Bingo - DR 3PM Residents Choice 7PM Crafting - A 
<b>11</b> 9AM Sunday Greetings 10AM TV Church Time -C <b>1:30PM Church w/ Pastor Young - C</b> 3PM Residents Choice 7PM Let's Color - A 	<b>12</b> 9:30AM Dancing Leaves -RR <b>10AM Ladies Circle Group -A</b> 2PM Bingo - DR 3PM Puzzle Time -A 7PM Trivia Night -C	<b>13</b> 9AM Early Bird Greetings 10AM Spa Day-A <b>1PM Church w/ Pastor John - C</b> <b>1:30PM Donut Time - TBA</b> <b>2PM Old Brick Folks</b> 3PM Puzzle Time - A 7PM Crafting -A 	<b>14</b> 9:30AM Dancing Leaves -RR <b>9:45AM Bible Study - A</b> <b>11AM Pizza Luncheon - DR</b> <b>1:30PM Chair Yoga -C</b> 2PM Card Bingo - DR 3PM Current Events -A 7PM Movie Night -C 	<b>15 NATL BAGEL DAY</b> 10AM Book Club- A <b>10AM Men's Circle Group - C</b> 1:30PM Bingo -DR 3PM Spa Time - A 7PM Karaoke Night -C 	<b>16</b> 9:30AM Dancing Leaves -RR 10AM Residents Choice <b>1PM Cooking Hour - A</b> <b>2PM Old Brick Folks</b> 3PM Puzzle Time -A 7PM Card Sharks -A	<b>17</b> 9AM Early Bird Greetings 10AM Spa Day -A 2PM Bingo - DR 3PM Residents Choice 7PM Crafting - A 
<b>18</b> 9AM Sunday Greetings 10AM TV Church Time -C <b>2PM Ice Cream Sodas - A</b> 3PM Residents Choice 7PM Movie Night -C  <b>WINNIE THE POOH DAY</b>	<b>19</b> 9:30AM Dancing Leaves -RR <b>10AM Ladies Circle Group -A</b> <b>1:30PM Resident Council - C</b> 2PM Bingo - DR 3PM Puzzle Time -A 7PM Trivia Night -C	<b>20</b> 9AM Early Bird Greetings 10AM Spa Day-A <b>1PM Church w/ Pastor John - C</b> <b>2PM Old Brick Folks</b> 3PM Puzzle Time - A 7PM Crafting -A 	<b>21</b> 9:30AM Dancing Leaves -RR <b>9:45AM Bible Study - A</b> <b>1:30PM Chair Yoga -C</b> 3PM Current Events -A 7PM Movie Night -C	<b>22</b> 10AM Book Club- A <b>10AM Men's Circle Group - C</b> 1:30PM Bingo -DR 3PM Spa Time - A <b>5PM Ladies Dinner Outing -C</b> 7PM Karaoke Night -C  <b>NATL HAT DAY</b>	<b>23 NATL PIE DAY</b> 9:30AM Dancing Leaves -RR 10AM Residents Choice <b>2PM Old Brick Folks</b> 3PM Puzzle Time -A 7PM Corn Hole - C 	<b>24</b> 9AM Early Bird Greetings 10AM Spa Day -A 2PM Bingo - DR 3PM Residents Choice <b>7PM Singin' Country Together - C</b> 
<b>25</b> 9AM Sunday Greetings 10AM TV Church Time -C <b>2PM Popcorn Buggy - A</b> 3PM Residents Choice <b>7PM Mt. View Nazarene Singers -DR</b>	<b>26</b> 9:30AM Dancing Leaves -RR <b>10AM Ladies Circle Group -A</b> 2PM Bingo - DR 3PM Puzzle Time -A 7PM Trivia Night -C	<b>27 CHOCOLATE CAKE DAY</b> 9AM Early Bird Greetings 10AM Spa Day-A <b>11AM Soups &amp; Subs Lunch -DR</b> <b>1PM Church w/ Pastor John - C</b> <b>2PM Old Brick Folks</b> 3PM Puzzle Time - A 7PM Crafting -A 	<b>28</b> 9:30AM Dancing Leaves -RR <b>9:45AM Bible Study - A</b> <b>1:30PM Chair Yoga -C</b> <b>2PM Monthly Birthday Party-DR</b> 3PM Current Events -A 7PM Movie Night -C 	<b>29 NATL PUZZLE DAY</b> 10AM Book Club- A <b>10AM Men's Circle Group - C</b> 1:30PM Bingo -DR 3PM Spa Time - A 7PM Karaoke Night -C 	<b>30</b> 9:30AM Dancing Leaves -RR 10AM Residents Choice <b>2PM Old Brick Folks</b> 3PM Puzzle Time -A 7PM Card Sharks -A	<b>31 NATL HOT CHOCOLATE DAY</b> 9AM Early Bird Greetings 10AM Spa Day -A 2PM Bingo - DR 3PM Residents Choice 7PM Crafting - A 



MEMORY UNIT  
TV /LOUNGE AREA

