Elkins Rehabilitation & Care Center Welcomes New Physician

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ELKINS, W.Va. — Growing up in rural northern Michigan, Jacob Helsel developed a passion for helping others.

This passion led him to the medical field and that pursuit has led him to Elkins Rehabilitation & Care Center. Dr. Helsel is now one of the facility's admitting physicians and he will soon become the Medical Director when Dr. Catherine Chua steps down from the position in December.

"Jacob is a wonderful addition to our team," Administrator Tara Shaver said. "He's from a rural part of the country, so he understands the nuances of rural medicine which will help him excel here in West Virginia."

Dr. Helsel, D.O., graduated with honors from Siena Heights University in Michigan. He went on to West Virginia University where he was a top performing graduate.

He then earned his medical degree from the West Virginia School of Osteopathic Medicine, where he developed a strong foundation in patient-centric care. He completed his residency training at J.W. Ruby Memorial Hospital, specializing in Internal Medicine.

"I fell in love with this area and I wanted to make West Virginia my home," Dr. Helsel said. "I'm really happy to be a member of the ERCC team."

Dr. Helsel's passion is geriatric medicine and is dedicated to providing compassionate care. He is also certified in wound care, according to Shaver.

"We're so thankful to have him at our facility," she said.

Dr. Helsel echoed Shaver's sentiments and stated that he was looking forward to his time at ERCC. He enjoys working with the residents and looks forward to coming in to see them.

In his spare time, Dr. Helsel enjoys sports, the outdoors and spending time with family.

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